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### Coventry Frontline Network - “Moving on” support (last updated: 09/12/2019)

Frontline workers note the challenges faced by people moving into accommodation after being street homeless or being in Temporary Accommodation for long periods of time, and the need to prepare clients for this when moving on.

**In Coventry there are various sources of support that clients can access:**

**Crisis Skylight** [www.crisis.org.uk/get-help/coventry/timetable](http://www.crisis.org.uk/get-help/coventry/timetable)

**Wellbeing for Coventry** (Coventry Mind) [www.wbc.cwmind.org.uk/coventry-wellbeing-hub/](http://www.wbc.cwmind.org.uk/coventry-wellbeing-hub/)

Mind operate a **365-day** Wellbeing Service drop-in 1 - 5pm at the Wellbeing Hub, Wellington Gardens, Windsor Street, Spon End, Coventry CV1 3BT.

The service is for anyone who is suffering with mental health and wants some support or just a safe place to go. Contact 02476 228 210 for more information.

**Bardsley Youth** daily drop in for anyone up to the age of 26 at Bardsley House, Hill Top, CV1 5EP: [www.bardsleyyouth.org](http://www.bardsleyyouth.org)

**Valley House Refresh project** – every Thursday open to all, refreshments and activities (budgeting, housing, creativity for wellbeing) [www.valleyhouse.org.uk/community-wellbeing/](http://www.valleyhouse.org.uk/community-wellbeing/)

**Coventry Information Directory:** <https://cid.coventry.gov.uk/kb5/coventry/directory/home.page>

**Libraries** [www.coventry.gov.uk/info/126/libraries/3216/whats\\_on\\_in\\_libraries](http://www.coventry.gov.uk/info/126/libraries/3216/whats_on_in_libraries)

Please let us know if you have more to share! – [ztitchener@coventrycab.org.uk](mailto:ztitchener@coventrycab.org.uk)

## **Christmas 2019**

Homeless/rough sleeper information from the Rough Sleeper Outreach team:

### **SUN 22 DEC:**

BREAKFAST AT JESUS CENTRE, LAMB ST, CV1 4AE

### **MON 23 DEC:**

BREAKFAST AT ST COLUMBAS CHURCH, ST COLUMBAS CLOSE, CV1 4BX (10AM)

### **TUES 24 DEC:**

COVENTRY OPEN CHRISTMAS, BAPTIST CHURCH, QUEENS ROAD, CV1 3EG

- Starts Tues 24th at 2pm and open **every day over Christmas; all day, until December 29th**

### **CHRISTMAS DAY:**

CYRENIANS CHRISTMAS DINNER, METHODIST HALL, WARWICK ROW, CV1 2HA (11AM - 3PM)

(CRISIS HAVE AN EVENT FOR MEMBERS ONLY – CALL 024 7708 7420 TO JOIN AND REGISTER)

### **SUN 29 DEC:**

BREAKFAST AT JESUS CENTRE, LAMB ST, CV1 4AE

### **MON 6 JAN:**

BREAKFAST AT ST COLUMBAS CHURCH, ST COLUMBAS CLOSE, CV1 4BX (10AM)

## **CRISIS WELLBEING DAYS**

Three wellbeing days throughout December 2019 consisting of creative workshops, games, health services, and hair and beauty treatments.

Activities are open to people who are homeless (sofa surfing, rough sleeping, temporary accommodation, hostels etc) or those at risk of homelessness.

11<sup>th</sup> December - 10.30am - 3.30pm

13<sup>th</sup> December - 10.30am - 3.30pm

18<sup>th</sup> December - 10.30am - 3.30pm

LOCATION: Methodist Central Hall, Warwick Ln, Coventry, CV1 2HA

More info: 024 7708 7420